



J S VV Samsthe's

**SHRI. D G M AYURVEDIC MEDICAL COLLEGE,
HOSPITAL, PG AND PH.D STUDIES AND RESEARCH
CENTRE GADAG, KARNATAKA**

*National Level Conference on
Neuropsychiatric Disorders - An Integrated Approach*

MANASWINI - 24



Date : Friday 22nd November 2024

Venue :

**Shri Shivanand Kalyanamantapa,
Shri Shivanand Math, Dr. S. V. Savadi Road, Gadag, Karnataka.**





About The Organization

Shri. D.G.M Ayurvedic Medical college, Gadag was founded in the year 1979. It is affiliated with Rajiv Gandhi University of Health Sciences, Bengaluru and approved by the NCISM New Delhi. D.G.M Ayurvedic Medical college Gadag, offers quality educational activities under the supervision of highly qualified faculties and state of the art infrastructure. College is presently having 60 UG seats, PG studies in four branches i,e Kayachikitsa, Panchakarma, Rasashastra and Bhaishajya Kalpana and DravyaGuna with Ph.D.studies in Kayachikitsa. Shri. D.G.M Ayurvedic Medical college is also has 140 bedded attached hospital with 24X7 working pattern. This hospital is renowned for the treatment of Neurological disorders. In the Neuromuscular rehabilitation centre, well equipped, sophisticated Physiotherapy facilities are provided to therapies.

Panchakarma unit is equipped with all required facilities for performing detoxification therapies for various chronic disorders and other Geriatric ailments. Operation Theatre is also well equipped to conduct all major and minor surgeries. Treatment for Ano-rectal disorders with Ksharasutra and other par-surgical Ayurvedic procedures are being successfully carried out. We have Gynecological, Pediatrics, ENT, Eye and Dental care units and are functioning with every treatment modalities. We have been conducting regular health check-up camps, monthly Swarnaprashana camps for children's to boost up their memory and immunity in all corners of Gadag city. Yogasana classes, Ayurveda Abhiyana and other health programs are conducted regularly to create awareness and to propagate Ayurveda in the society.

About CME:

- Neuropsychiatry is an interdisciplinary field that focuses on the diagnosis, evaluation, and management of mental disorders resulting from neurological conditions. Understanding the intricate relationship between the brain and behaviour requires knowledge of both psychiatry and neurology. Disorders affecting behaviour, mood, thought, and personality fall within this growing field. Neuropsychiatrists are skilled at assessing patients with overlapping psychiatric and neurological symptoms, offering comprehensive evaluations to better understand their conditions. This integration of psychiatry and neurology has advanced the understanding of brain-behaviour connections and opened new avenues for treating mental illnesses.
- Sensitivity analyses indicate that neuropsychiatric disorders, such as depression, anxiety, and PTSD, are more prevalent in studies with a moderate risk of bias. For example, depression has a prevalence of 19.49%, anxiety 23.63%, and PTSD 36.69%. These findings highlight the need for a unified approach to address these disorders.
- The field of neuropsychiatry is advancing towards a more holistic training model, with the goal of further integrating clinical neurosciences and traditional psychiatry. This approach is crucial for understanding and treating complex medical conditions that involve both the mind and brain.
- Ayurveda, India's ancient system of medicine, has long acknowledged the significance of mental health. Classical Ayurvedic texts, such as the Sushruta Samhita and Ashtanga Hridaya, provide detailed descriptions of mental disorders, their symptoms, and treatments. Charaka Samhita also offers insights into the mind's pathology, normal personality types, and mental status examinations. Ayurvedic treatments for mental disorders include yukthivyaprasraya (rational treatment), daivavyaprasraya (spiritual treatment), and satvavajaya (mind control or psychotherapy).
- Ayurveda suggests that mental imbalances are caused by disturbances in the mind's rajas and tamas—factors that lead to emotional instability. These are considered the "mental doshas," while Vata, Pitta, and Kapha represent the three primary bodily doshas. Psychotherapy, or the systematic application of psychological principles, is also recognized as an important method for treating psychogenic disorders in Ayurveda.

Call for Oral Paper Presentation:



Delegates also get an opportunity to present their research work, review articles and clinical success stories as oral presentations at the Conference

Theme Tracks:

1. Concept of Vata and Manas in Neurology.
2. Clinical importance of Vata, Manas in Neuropsychiatric disorders.
3. Clinical understanding of Neuropsychiatry in Ayurveda.
4. Practice of Non-pharmacological aspects in Neuropsychiatry.
5. Current trends in Neuropsychiatry/ Diagnostic/ Prognostic / Therapeutics.
6. Clinical success stories.
7. Rasaushadhi practices in Neuropsychiatry.
8. Ekamoolika Oushadhi Proyoga in Neuropsychiatry.
9. Panchakarma practice in Neuropsychiatry



Guidelines for Paper Presentation

- Allotted time duration 4+1 minutes
- The maximum number of slides permitted is 10 slides.
- Certificate will be given to each presenter.
- Best oral paper presentations will be awarded.
- Judge's decision will be final.

Email ID:
dgmamchconference@gmail.com

Last Date for Abstract Submission :
09/11/2024

Guidelines for Submitting Abstract :

- The title of the abstract should be as precise as possible, appear in bold letters, and be centered.
- Co-authors and affiliations below the title in italics (the main person name should be underlined).
- Abstracts should be sent in MS Word document with not more than 300 words, main body of text left aligned and 14 font size, body of paper 12 font size, single spacing throughout and font style Times New Roman.
- Each properly completed submission will be reviewed for its scientific significance, and the scientific committee reserves the right to accept it.

Programme Schedule



EVENTS	TIMINGS
Registration and Breakfast	08.30– 09.30 am
Inauguration	09.30– 10.00 am
Key Note on Conference By – Dr.Shreedhar Bairy Chikitsaka Guru, R. A. V. New Delhi	10.00– 10.30 am
Session-1	
“Integrating Ayurvedic Psychiatry into General Practice – An Evidence Based Approach” By- Dr. Parvathee Devy MP Superintendent, Govt. Ayurveda Research Institute for mental health & Hygiene, Kottakkal	10.30– 11.30 am
Interactive Session with Break	11.30– 11.45am
Session 2	
“Understanding and Ayurvedic management of common psychiatric disorders” by Dr. Narayana Prakash Professor & Head Dept. of Kayachikitsa Rajiv Institute of Ayurvedic Medical Sciences and Research, Hassan	11.45– 12.45pm
Interactive Session	12.45– 01.00 pm
Lunch Break	01.00– 02.00 pm
Session 3	
“Recent advances in diagnosis and management of neuropsychiatric disorders” by Dr. Jitendra Mugali Associate Professor Department of Psychiatry GIMS Gadag	02.00– 02.30 pm
Interactive Session	02.30- 02.45 pm
Oral Paper Presentation Session 1	02.45- 03.45 pm
Oral Paper Presentation Session 2	03.45– 04.45 pm
Valedictory function followed by high Tea	04.45 onwards



Registration details

- **UG students and Interns** - Rs. 800/-
- **PG/PhD scholars** - Rs. 1000 /-
- **Faculty/Practitioner** - Rs. 1200/-

- **Bank Details :**

Name : Indian Bank, Gadag
Account No : 7871824051
IFSC code : IDIB000G097

- **Registration Link:**

<https://forms.gle/LcdwMfLEVfZyDDFe9>

For More Details :

- **Organizing Chairman** : Dr. S.N. Belavadi - 9886916367
- **Organizing Secretary** : Dr. R. V. Shettar - 9845613116
- **Registration Committee** : Dr. M. D. Samudri - 9964187315
- **Scientific Committee** : Dr. Shashidhar Emmi - 9480537788

Note : Registration fees include Breakfast, Lunch, High Tea, Kit and Certificate



Committee :

Organizing committee	Name of the staff
Organizing chairman:	Dr. S N Belavadi Principal
Organizing Secretary:	Dr. R V Shettar
Event Coordinator:	Dr. S K Hiremath
Organizing Committee members	Dr. J P Basarigidad Dr. M V Sobagin Dr. D G Kolume
Scientific committee	Dr. S V Emmi (Coordinator) Dr. Y A Phaniband Dr. J P Basarigidad Dr. M Y Khatawkar
Stage committee	Dr. V S Adoor (Coordinator) Dr. V S Kori Dr. Kumar Choudappalavar Dr. Rudresh Devadhar Smt. Jayashree Hiremath
Welcome committee	Dr. D G Kolume (Coordinator) Dr. B N Patil Dr. J S Viraktamath Dr. S P Nidagundi Dr. Kumar Kanimath
Registration Committee	Dr. M D Samudri (Coordinator) Dr. A R Hiremath Dr. Soumya Abbigeri Dr. S C Garawad
Media and communication committee	Dr. Budesh Kanaj (Coordinator) Dr. Sumai M A Dr. Vidyavati T Dr. Chaitrika Hosur
Food committee	Dr. M V Sobagin (Coordinator) Dr. S D Yarageri Dr. J S Menasagi Dr. Kasim Nadaf Dr. Rajani E T